

**Biathlon Canada,  
United States Biathlon Association  
Biathlon Alberta**

Invite you to attend the

**North American Cup #1  
Calforex Biathlon Cup #1**

**SPRINT AND PURSUIT**

November 28 & 29, 2009

**IBU categories**

Men, Women, Junior Men/Women,  
Youth Men/Women  
Invited Para Nordic Athletes

**Calforex categories**

IBU Categories, Senior Boys/Girls,  
Master Men/Women 35-44, Master Men/Women 45+  
Recreational Masters Men/Women 30+  
Open Rec 17+, Open Rec 30+,  
Junior Boys/Girls  
Air Rifle Categories:  
Juvenile Boy/Girls, Midget Boy/Girls and Novice (13-16)

**NorAm Cup #1 and Calforex Cup #1 will be concurrent competitions**

Canmore Nordic Centre  
Canmore, Alberta, Canada

Hosted by:  
Canmore Nordic Ski Club & Foothills Nordic Ski Club



October 26, 2009

Welcome, CNSC and FNSC welcome you to the Canmore Nordic Center for the North American Biathlon Cup #1 in Canmore on November 27-29, 2009. We are looking forward to this event using the new snow making system that allows us to have an earlier start to the season. The 2009 IBU Biathlon World Youth /Junior Championships increased the interest shown in our sport by local media, the town of Canmore and our many volunteers. We look forward to an excellent competition for all categories and encourage you to attend. The organizing committee is looking forward to hosting an excellent event with athletes from across North America.

Official training will take place for the NorAm athletes on Friday, November 27th. Of course, you may come earlier and enjoy the wonderful scenery, great hospitality of the region, and ski on the trails during the early part of the week. Just visit the newly renovated Visitor's Centre at the Nordic Centre to purchase your passes for those extra days prior to the event and book your range time requests with Magi at [Magi.Scallion@gov.ab.ca](mailto:Magi.Scallion@gov.ab.ca).

Carol Henley

Organization Chair

**Organizing committee:**

Organizing Committee Chair	Carol Henley
Competition Chief	TBD
Chief of Timing	Greg McCulloch
Chief of Course	TBD
Chief of Stadium	Rob Vanderlee
Chief of Range	Rick Green and assistant
Competition Secretaries	Karin Karasoo
Volunteer Coordinator	Nancy Andrews

**IBU Technical Delegate:** Mr. Tony Tsang, Appointed by Biathlon Canada

**Questions** should be directed to Carol Henley at <mailto:henleyfa@nucleus.com> Phone/Fax 403-240-4723

**Eligibility:**

If correctly registered and entered by their Canadian Division or USBA Region any member of USBA or Biathlon Canada in good standing may participate in the NACH or NAC event if they have a valid USBA or Biathlon Canada Competitor membership card. The competitors must be prepared to show their membership card for the current year at the event reception.

**Citizenship and Residency:**

A competitor must be a Canadian or USA citizen or a landed immigrant in Canada or a USA Green Card holder in order to be eligible to be a medallist at a NACH or BNAC event. However, non-USA/Canadian persons may participate if they are members of a Biathlon Canada Division or USBA. Additionally, a competitor may represent only one nation or Region/Division in any one-competition season.

**Competition Ability:**

Any Division or Region registering a competitor for any NACH or BNAC event tacitly guarantees that competitor's ability to compete at that level of competition.

**Awards:**

Awards for the NAC are subject to approval by USBA or Biathlon Canada.

For each **event** of the NAC (2 or 3 competitions) prize money will be distributed based on a cumulative ranking. Prize money will be allocated according to a ranking, which will be established by the addition of the NAC points of each competition of the event (Individual, Sprint, Pursuit or Mass Start). The top three athletes in each of the IBU classes having accumulated the most points will be awarded the prize money as follows:

First 100.00\$ CAD Second 75.00\$ CAD Third 50.00\$ CAD

USBA & Biathlon Canada will administrate the prize money and make available at each Event in their jurisdiction.

Medals will be presented to the first three placings in each class of each competition.

Medals and NA cup points will be awarded regardless of the number of participants in a class.

**Non-Resident Firearms Declaration Process:**

When bringing a firearm into Canada you must fill out the form listed below in triplicate and present it to the customs agent. One person may bring more than one firearm into the country and still only pay a one-time fee for a year. A Team coach may fill out one form for the entire team if traveling together.

<http://www.cfc-cafc.gc.ca>

Go to 'English' then 'to the menu on left for 'forms'. Look under 'non-residents' for CAFC 909 and CAFC 910. You may fill them out on line and print them off in preparation for your border crossing with the custom agents. Do not sign them until you are at the border. You will need three for the border, plus your license to own guns. Photo ID is recommended for border crossings. Ammunition is not available in the town of Canmore. Calgary has two sporting goods stores that will have target ammunition from Federal, CCI, Remington but not Lupua. Make sure to bring enough with you for your training and competition needs.

**REGISTRATION:** at [www.biathlon.ca](http://www.biathlon.ca) and follow the links.

**Open November 7, 2009**

Registration and Release waivers will be accepted **ONLY** on-line through the Biathlon Alberta website.

Payment **must be** made using a credit card (Visa or Master Card).

**On-line registration will close on Tuesday November 24, 2009 at 2359 MST. No Registration will be taken on site.**

All Competitors **MUST** be a member of a Division or State to compete.

Proof of membership is required to compete. Enter the number in the membership field (USBA competitor's use 'USBA' in the membership field)

<b>Men/Women, Junior Men/Women, Youth Men/Women, Para Nordic athletes</b>	<b>\$60</b> plus on-line charge (includes trail pass for both days)
<b>Senior Boy/Girls, Master Men/Women 35-44, Master Men/Women 45+, Recreational Masters Men/Women 30+, Open Rec 17+, Open Rec 30+, Junior Boys/Girls</b>	<b>\$40</b> plus on-line charge (includes trail pass for both days)
<b>Juvenile Boys/Girls, Midget Boys/Girls, Novice (13-16) Air rifle categories</b>	<b>\$24</b> plus on line charge (includes trial pass for both days)
<b>Biathlon Alberta Day memberships – Phone 403-202-6548 to register for this option</b>	<b>\$15</b> per day

\*Changes from one day to two days cannot be made after the registration deadline, plan accordingly.

Cancellation policy in effect:

If event cancelled due to severe cold weather Three days before the event then a 50% refund of registration fees will be refunded by Biathlon Alberta on behalf of the hosting clubs. If the event is cancelled on the competition weekend due to severe cold weather or force majeure, no refund of registration fees will be made. If an athlete withdraws before the registration deadline then a \$10 processing fee will apply before a refund is sent.

Saturday Sprint as per IBU rules. Sunday Pursuit as per NorAm Hosting Policy dated June 2009

Calforex Cup Junior Boy/Girls and Air Rifle Categories will do Sprints on both days.

\*The Pursuit competition will be conducted with a pre-determined and fixed 5 second interval between competitors with the start order based on a determined qualifying competition from the same event. The cumulative five-second gaps between competitors in a given class are the handicap that must be overcome in order to win the competition. Athletes who have not taken part or did not complete the qualifying competition will be drawn randomly to determine a start order, with the same fixed 5 second interval, and will start after the last qualified competitor in a given class.

The OC and Jury may also agree to conduct the pursuit in accordance with the IBU rules governing this competition if the condition are deemed appropriate and will foster a highly competitive environment for all classes.

## EVENT SCHEDULE FOR NORAM CUP #1 AND CALFOREX CUP #1, 2009

<b>November 26 2009, Thursday</b>		
Thursday	Unofficial training	Magi.Scallion @gov.ab.ca for bookings of the range on this day Trail passes must be purchased from Visitor center at \$7.50 per day
Thursday	1600 Office open in Timing Building	Wax Room Key pick up
Thursday	1900 NorAm.Team captains	TBD but on site, Jury Selection, course information
<b>November 27, 2009, Friday</b>		
Friday	0800 Office open in Timing Building	Pass Pick up, Wax Room Key pick up, Lane Assignments
Friday	1000 – 1300 Official training IBU	Passes included with two-day event registration
Friday	1400-1700 Unofficial training for other categories	Limited area for Zero
Friday	1700 Range closed for rest of day & evening.	Competition preparations – no shooting after this time.
Friday	1900 - 2030 Team Captains meeting NorAm & Calforex	TBD but on site NorAm Cup & Calforex Cup athlete verifications by coaches, jury selections, sprint draw, course information, and light refreshments.
<b>November 28, 2009. Saturday</b>		
Saturday	0800 Office open in Timing Building	Bib pick up by team representative
Saturday	1000-1045 Zero	All Categories except air rifles and Junior Boy/Girl
Saturday	1015 Equipment check opens	Leg numbers will be applied. Senior B/G procedure applies for rifles. Para Nordic athletes will shoot on lanes 1-3
Saturday	1100 Sprint competition start	All Categories except Junior B/G and air rifles
Saturday	1300 Set up for Air Rifles	Air rifles and Junior B/G categories
Saturday	1400 Sprint Competition for Air Rifles and Junior B/G	
Saturday	1530 Awards	Main room Bill Warren Training Centre

<b>November 29, 2009, Sunday</b>		
Sunday	0800 Office open	Bib pick up by team representative
Sunday	0900-0945 Zero	All Categories except air rifles & Junior B/G
Sunday	0915 Equipment check opens	Leg numbers will be applied. Senior B/G procedure applies for rifles. Para Nordic athletes will shoot on lanes 1-3
Sunday	1000 Pursuit competition	All Categories except air rifles & Junior B/G
Sunday	1230 Set up for Sprint Air Rifle Categories and Junior Boy/Girls	All air rifle categories
Sunday	1330 Sprint Competition for Air Rifles and Junior B/G	
Sunday	1530 Awards	Main room Bill Warren Training Centre

Schedule could change due to weather conditions and number of competitors. The Organizing committee reserves the right to change the event schedule as needed. If advance notices are possible, then posting of the information will be on the Biathlon Alberta and Biathlon Canada websites. All notices will be posted on the upper level notice board outside the biathlon timing building. during the event.

#### **Wax Rooms:**

Eleven wax rooms with air exchangers & wax tables are available by reservation. Athlete numbers will determine room assignment. The wax room building is situated next to the wax testing area and next to the biathlon stadium. There is no charge for the room as the registration fees cover the fees, however, there is a refundable deposit charged per key of \$100 cash or check. Fill out the document at the end of this invitation and e-mail to [henleyfa@nucleus.com](mailto:henleyfa@nucleus.com).

#### **Competition Office:**

Will be located in the Biathlon Timing building by the range. Hours will be Thursday afternoon 1600 – 2000 Friday 0800-1600 Saturday 0800-1600 Sunday 0800-1700 Office volunteers will be at the location for awards during awards times.

#### **Parking:**

We ask that the biathlon area be used as a drop off area for athletes and equipment only. Parking will be at the main lot by the Visitors Center. Those with trailers may request a pass for the biathlon area if the trailer is going to be unhitched.

#### **Volunteer check in:**

Will be in the upstairs area of the biathlon timing building. At the rear of the biathlon parking lot go up the outside stairs and enter the first door of the building.

**Tunnels:**

Tunnels will be used for the entire competition to keep the snow in good skiable condition. Please help us maintain our snow by only walking in designated walk areas. Use skis in the stadium, course and range, please. Entrance tunnels from the parking lot to the equipment check and then to the range will be used for the entire competition. Volunteers will use the same tunnels.

**Course Maps**

Are attached to this document in PDF. Depending on the natural snow and the condition of the manmade snow conditions the organizers work with the CNC staff to provide the best case for the conditions available. Please remember early snow conditions are never perfect but the best that is available for everyone. The course documents are best case and may not be what you will find when you arrive. Everyone however will ski on good snow.

**Ski Distances, & Sequences For NorAm Cup and Calforex Cup**

<b>IBU CLASSES</b>	<b>AGE</b>	<b>Sprint</b>	<b>Sprint sequence</b>	<b>Pursuit</b>	<b>Pursuit sequence</b>
<b>Men</b>	21+	10 km	PS	12.5 km	PPSS
<b>Women</b>	21+	7.5 km	PS	10 km	PPSS
<b>Junior Men</b>	19-20	10 km	PS	12.5 km	PPSS
<b>Junior Women</b>	19-20	7.5 km	PS	10 km	PPSS
<b>Youth Men</b>	17-18	7.5 km	PS	10 km	PPSS
<b>Youth Women</b>	17-18	6 km	PS	7.5 km	PPSS
<b>Calforex Classes</b>	<b>AGE</b>	<b>SP</b>	<b>Sprint sequence</b>	<b>Pursuit</b>	<b>Pursuit</b>
<b>Senior Boys/Girls</b>	15-16	6 km	PS	7.5 km	PPSS
<b>Master Men 35-44, 45+ (Full Carry)</b>	35-44 45+	6 km	PS	7.5 km	PPSS
<b>Master Women 35-44, 45+ (Full Carry)</b>	35-44 45+	6 km	PS	7.5 km	PPSS
<b>Open Rec .22s only (mixed gender)</b>	17+ 30+	6 km	PS	6 km	PPSS
<b>Rec Masters Men 30+ (Sr.B/G or Full Carry)</b>	30+	6 km	PS	12.5km	PPSS
<b>Rec Masters Women 30+ (Sr B/G or Full Carry)</b>	30+	6 km	PS	10 km	PPSS
<b>Junior Boy/Girl</b>	13-14	4 km	PP	Sprint 4 km	PP

<i>Air Rifle Categories</i>	Calforex Cup		Sprint	Sprint	
<b>Juvenile Boys/Girls</b>	11-12	3 km	PP	3km	PP
<b>Midget Boys/Girls</b>	9-10	2.25km	PP	2.25km	PP
<b>Novice</b>	13-16	3 km	PP	3 km	PP

Masters wishing to qualify for the National Championships must register in one of Masters Men/Women 35+ or 45+

### Required Loops by Competition Type

Comp	4km	3.3km	3km	2.5km	2km	1.5km	1.25km	1km	750m	500m
SP	✓	Option		✓	✓		✓	✓		
Pursuit				✓	✓	✓				
Colour	Brown	Blue	Yellow	Green	Red	Orange	Black	Pink		Purple

#### Rifle Carrying: (see attachment on procedures)

- Junior Boys/Girls athletes shall have their rifles placed on and removed from the firing line by their coaches.
- Senior Boys/Girls carry their rifles only on the range.
- Masters Open Rec 30+ Men/Women has the choice of using the senior boy/girl rifle procedure or a full carry.
- Masters 35-44 Men /Women and Masters 45+ Men/Women are categories used for preparation and qualification for nationals. Full carry procedure only.
- Open Rec 17+ This category is for those athletes who may have retired from teams, but still enjoy competing, plus individuals who have been using a 22 rifle for a while using proper procedures. This category has the option of a full carry or senior b/g procedure but no gender separation.
- Air Rifles will be included in this competition and depending on the number of competitors the set up time will be in the afternoon after the first event but before the awards. If the weather is below minus 15 the air rifle competition will be cancelled due to equipment failure and athlete comfort.

#### Canmore Nordic Centre:

There is food service at the visitor center with hot and cold food for purchase. There are showers and toilets in the wax room areas but you must bring your personal towels and supplies. Showers run on coins. The visitor centre has undergone an upgrade and has expanded the floor space for visitors. Pack a lunch or use the food service at the centre.

**Accommodations:**

Visit [www.tourismcanmore.com](http://www.tourismcanmore.com) accommodations list to see the local hotels and amenities available.

Rocky Mountain Ski Lodge 1-800-665-6111 ask for biathlon rates  
Quality Resort Chateau Canmore 1-800-261-8551 All Suite Hotel  
The Drake Inn 1-800-461-8730 downtown and some live music on weekends  
Bow Valley Motel 1-402-678-5085 1-800-665-8189 downtown  
Rundle Mountain Motel 1-403-678-5322, 1800-661-1610  
Best Western Pocaterra Inn 1-403-678-4334 (has breakfast included in rates)  
Canmore Mountain Lodge 1-403-678-5488. 1-888-661-2133  
Radisson Hotel & Conference Center Canmore 1-888-201-1718

Calgary International Airport is 112 Km from Canmore Nordic Centre.

All Car Rental agencies are available at the airport.

Driving time from Calgary is 1.5 hours in good weather on excellent four-lane highways part of which is located in the foothills of Alberta.

Vancouver to Canmore is 9 to 11 hours,

Edmonton to Canmore is 4.5 hours.

Be sure to bring your camera.